

Open, Trust, Love Workshop



A Women's Workshop Designed to Support Self-Worth and Wholeness.

To Facilitate Awareness, Empowerment, and the Courage to Transform!

The Workshop Will Include:

- Awareness and subjectivity exercises/discussions
- Meditation and personal journey exercises
- Actions for honoring the body
- Discussions on the perspectives of forgiveness
- Chakra alignment and cleansing
- Journaling
- Large group discussion and challenges
- Creating your own Goddess Box



Place: Brant Beach, NJ. Space is Limited

Dates: Friday May 4th - Sunday May 6, 2012 (Registration begins Jan 2, 2012)

Cost in residence: \$500 prior to March 15, 2012 | \$599 after March 15, 2012

Cost out of residence: \$399 prior to March 15, 2012 | \$499 after March 15, 2012

To secure your own hotel room:

www.Engleside.com, www.DaddyOHotel.com,

www.SeaHorseMotels.com, www.SurfCityHotel.com

Contact Information for Facilitators:

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More information will be sent out by the end of December 2011.

We look forward to hearing from you and seeing you in May.